

# SURKHIYAN सुरखिया

WELLNESS WEEK  
2022

GICLM DIWALI  
FAIR

INTER - SCHOOL  
DANCE COMPETITION



CAS GRADE 9 & 10

PROUD MOMENT  
FOR GICLM

ZISTA ART EXPO



The month of October ushered in another plethora of events and celebrations in the Garodia Community. Having ended the month of September on a high energy note with the fantastic display of Science projects during the Science Fair, our students and staff were charged up to keep the celebration mood high.

October began with our grades 9 and 10 working closely with students of two different NGO's and giving them an opportunity to dabble with Lego as a part of our CAS initiative. Students had a fun day with Lego and other games and learning experiences. Navratri colours and vibes ended in early October only to make way for more dance, where our graceful dancers won prizes in each category during the Inter-school Dance Competition - an event marked by a display of dance ballets, retro-fusions and folk dances.

Immediately after this, followed the Wellness Week - a week devoted to mental and physical well-being of staff and students. Breathing exercises, guided meditation, art therapy, music and movement, yoga and mindfulness activities lead our students to discover their routes to healthier mindframes.

The Diwali Fair that followed was a huge success well attended by our parent community, students - both current and past, and their friends and relatives. Our staff and learners and their near and dear ones kept the place abuzz with fun games, food, and all the glitz and glamour that Diwali could sparkle with.

And alongside all of this fun and celebrations, our teaching fraternity lead our young learners through various fun learning engagements. They were kept busy with STEM activities, art, drama, languages learning, IAs, EEs and beyond.

The Diwali Holidays that began on 21st October was truly a much deserved break for one and all, so we could recharge and get back to the next leg of the year's learning and celebrations, with our spirits high.

**Ms. Mahalakshmi Anand**  
**Head - Primary**



# Welcome to the Jungle!

Our mixed media art project - Welcome to the Jungle - was super engaging for the students in the classroom. They enjoyed painting stripes to create a zebra, tearing and pasting activity to make trees, and using oil pastels to colour a tiger. The students used cotton to form a cloud, tracing palm trees, sticking googly eyes and pom pom to make animal features and it was so much fun. They also learnt a new song called 'Walking In The Jungle'

Overall, this was an extremely engrossing and enthralling activity for our students!

Nursery



## Cutting Crafts

Cutting allows a child to build up the little muscles in their hands with the open and close motion. These muscles are incredibly important for writing, painting, and doing everyday things like brushing your teeth, eating with utensils, and getting dressed. Paper cutting activities encourage creativity, concentration and hand dexterity. The K1 students were really excited and had a lot of fun cutting on the lines drawn for them and later on exploring and cutting the shapes they wanted. We also discussed the correct way of using scissors and how children need to be careful and focused while using them.

K1



# Spinning A Story

*The more that you read, the more things you will know. The more that you learn, the more places you'll go - Dr. Seuss.*

We always read out stories for children and give them books to explore. This time we had a bag full of animals kept in the centre of the circle. The Tutor gave a start to the story and children kept on adding to the story as they picked out an animal from the bag. Creating their own story fosters creative thinking, develops language skills and gives children the liberty to express their thoughts and ideas without any limitation.

It was surprising how children remembered the story in the exact order as they had come up with. Children were happy and had a sense of self and had lots of fun creating our own story.

K1



# Pool Day!

K2 children had their first experience of swimming at GICLM. It was delightful to see our little ones excited and a bit anxious as they stepped into the water for the very first time. They soon got comfortable with various exercises and enjoyed splashing water on each other. Here is a glimpse of our little ones enjoying fresh air, sunshine and water in the pool.

K2



## Time with Nature

Nature encourages children to discover, gives opportunities to interact with the natural environment, it encourages children to think, question, predict thereby developing their inquisitive minds. Children were taken downstairs (outdoors) and were encouraged to explore their surroundings. We discussed how we can capture wind. Though we cannot see the wind, we can feel the cool breeze around us, we can see the leaves moving due to the wind. They were encouraged to see if they could find an interesting plant, creature etc. around them. They spotted mushrooms, different types of leaves, and hibiscus (red flowers) in our vicinity.

KI



## Making Rangoli

We celebrated Diwali by colouring beautiful Rangoli, making a Rangoli using flowers and listening to the story of why and how Diwali is celebrated. Children enjoyed painting diyas and also participated in making some sweets that we were to offer to everyone in school.



## Common Articles

### Happy Navratri

A colourful Garba and Dandiya Raas rejuvenated the vibrancy of the Navratri Celebration! Navratri festival is a joyous way of worshipping Goddess Durga.



Our GICLM's Early Years students were all dressed up in comfortable Ethnic Wear to celebrate the Navratri and Dussehra festival with great enthusiasm. Students along with tutors danced to the beats and tune of 'Dandiya.'

The students were told about the importance of nine days of Navratri and how Navratri celebration symbolises victory over evil.

Students also enjoyed doing different activities such as the 10 Headed Ravana - NFC activity and creating Garba Paper Card.



## Happy Diwali!

Candle lights, earthen lamps, homes filled with the smell of delightful sweets, the warmth of family and friends and the chill of the upcoming winter, that's how we'd like to paint a perfect picture of Diwali celebrations in India.

On this joyous occasion, the Early Years celebrated Diwali with their usual enthusiasm. The day started with the children colouring beautiful rangolis and listening to the story of why and how Diwali is celebrated. Children enjoyed painting diyas and did some wonderful Diwali activities too. Children later also participated in making some sweets.

Children also discussed how the harmful effects of firecrackers can hurt our environment. Students were dressed up in Party wear attire and took a pledge to say NO to crackers. It was indeed a fun filled end to our Diwali celebration.



# Festivals of India

The kids of grade 1 were ecstatic to know that they were going to learn more about festivals in their homeland. The students were introduced to several festivals in India such as Diwali, Ganesh Chaturthi, Navratri, Holi etc. All the kids had fun dressing up in different costumes of festivals celebrated in India and explained the importance of the festival by sharing their thoughts on it. The students were in high spirits during this activity and it was absolutely enriching for them.

Grade 1



# Force and Friction

Observing and classifying is the key to learning scientific concepts. Students of grade 2 developed their investigative and observation skills to understand the topic of force and friction. They understood that the art of observation involves our senses and making connections with the real world.

Grade 2



# Back In Action!

Catch our little superheroes back-in-action as they learn about the importance of balance and flexibility in gymnastics.



With gymnastic lessons back at school, Grade 3 students had the opportunity this week to learn to balance themselves on the balance beam. The balance beam enables kids to be challenged while improving balance and coordination. Kids movement coordination, and concentration while understanding their body's centre of gravity. Check out our young athletes learning to stabilise their movements.

**Grade 3**



## Journey Into the Brain

With wellness in mind, Grade 3 took a journey inside the brain. Students learnt about how brains are filled with billions of cells called neurons. Whenever we experience or learn something new, our neurons communicate with each other. Similarly, the class represented themselves as the connections forming when they had something similar to another student. Together they formed a web to understand how new connections are formed, and they grow stronger as things are recalled and practised regularly.

**Grade 3**





# Investigating Rocks in IPC

Young investigators from Grade 4 got their hands dirty as they observed and investigated different rock formations. They learnt to compare the characteristics of rocks and minerals, classify rocks and minerals. They used content-specific vocabulary while discussing rocks and minerals, how rocks are formed, identify observable properties that are related to how rocks are formed, use properties related to how rocks are formed to sort rocks by classes: sedimentary, igneous, or metamorphic.

Grade 4



# Energy Transformations

The students of grade 5 learnt about the different forms of energy and how energy can be transformed from one form to another for the unit Black gold. As a follow up activity the students were asked to research and get objects to demonstrate that energy can be transformed.

Through this activity the students could identify various forms of energy and explain different types of energy transformation. At the end of the lesson, the students made a list of the energy transformation of each object to revise the concept.

Grade 5



# Trick or Treat!!!

French and German students of grades 1 to 5 celebrated Halloween together in their respective French and German lessons. Halloween is a celebration observed in many countries across the globe. Studying in detail about the significance of this day stimulates the learning goal of international-mindedness in the students. Students came dressed in costumes and got chocolates and candies. They went around trick and treating. Dance sessions, mummy games, videos and movies were a part of the fun-filled celebrations!

**Disha Padhariya**  
**French Faculty**



# Lino Printmaking

Recently, Our Grade 10 Art and Design students have explored the Lino printmaking. It was a wonderful experience for the students, as they learned this printmaking concept for the 1st time. Basically, they drew their drawings on a lino sheet and they carved it with tools. Later they applied ink on lino sheets and made the impression on paper. Overall, students enjoyed this task very well.

**Mr.Amit Kawale**  
**Art Faculty**

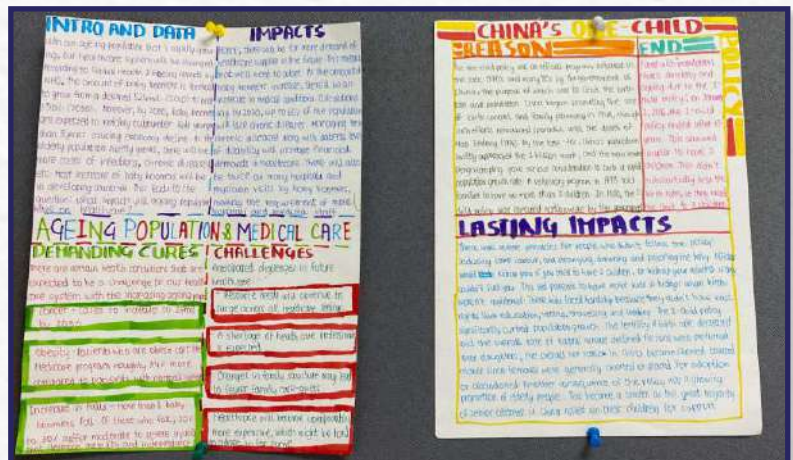
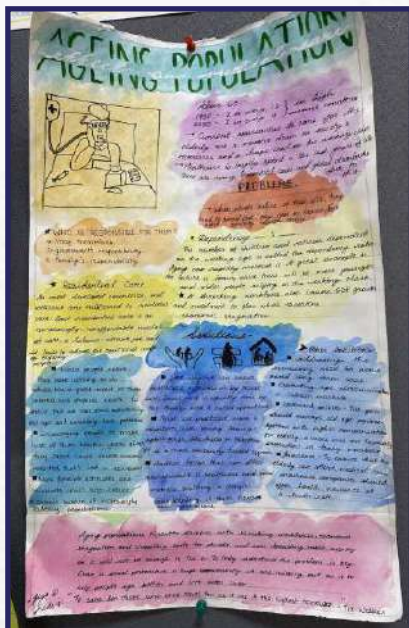


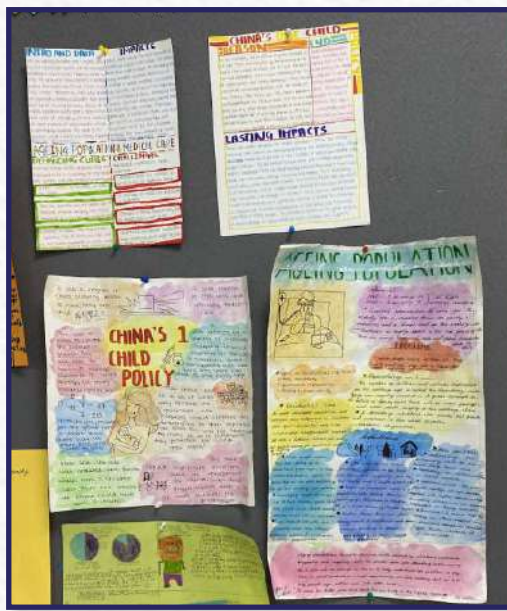
SECONDARY SECTION

# Geography One-Pager Notes

This term, in geography, the class of grade 7 began the topic 'Population'. As one of the projects in the topic, we prepared a 'one-pager' in pairs. A one-pager is a simple and direct document that gives a high-level overview of a product, service, or business, and in our case, our personal opinions, information and data of certain population-related aspects. In class, we prepared two one-pagers on 'Ageing Population & Medical Care' and 'China's One-Child Policy'. This task helped us summarise the keynote, its impacts, drawbacks and rationales in a crisp yet enlightening way. Multiple remarkable universities consider this method of note taking most effective. Overall, this task was very efficacious and cleared up several doubts we might have had.

**Vihaa Shah**  
**Grade 7**





## Fusing History and English - Creating a Diorama

The students of grade 7 did an assignment that involved creating dioramas and presentations. English and History were both explored through this project. We had an assignment to create a diorama based on the main event of any myth or legend that we chose. Later, we had to compile a PowerPoint presentation explaining the myth, themes, morals, writing style, characters and importance. We got class time to prepare and put together our presentations with our groups. While studying this unit in our English lesson and Greek mythology in our history class, we examined the myths from both a historical and lingual standpoint. Through this assignment, we gained a deeper understanding of our respective myths. We were told to write down any queries we had while our other classmates were exhibiting their work. Following that, we had an interactive session where we responded to each question.

**Barbie Vora**  
**Grade 7**



## Diwali Lanterns

In grade 7 art class, for this diwali, Amit sir thought of doing something special. To celebrate the cheerfulness and liveliness of diwali, we made a lantern as part of the crafts segment. Our whole class was very enthusiastic to do this activity, because diwali is one of the festivals full of creativity. Instead of making a simple, quick and plain crafts lantern, we decided to go one step further. This activity also used a lot of our geometry and mathematical skills and these skills were really put to test while doing this activity. Each student cut out 24 circles with the same radius.



We then cut out designs in it using concepts of symmetry. These designs let the light shine in a very stunning way. After that, we had to fold the circle into a perfect equilateral triangle, a new concept taught to us creatively. The flaps that surrounded the equilateral triangle were stuck together piece by piece revealing an outstanding lantern for us to display outside our homes. The end product was truly magnificent and totally worth the effort.

**Jiya Doshi**  
**Grade 7**



## Fairy Tales - Märchen

Once upon a time...

Who hasn't heard about Fairytales! Märchen - Fairytales in German! They have indeed been a precious part of our childhood. We, Grade 10 German students, mixed Fairytales with tenses to create a strong portion and dive deeper into the learning.

We learnt Präteritum (a form of past tense to describe something that happened ages ago). Learning how to construct sentences and relate with the language, we were taken one step forward.

All of the German learners were divided into groups each selecting one Fairytale: Cinderella (Aschenputtel), Red Riding Hood (Rotkäppchen), Snow White (Schneewittchen) and Rapunzel. Did you know, Fairy tales were first coined by the Grimm brothers from Germany and then advanced further globally.

We used basic props and enacted the plays one by one. The fun factor was that the actors were mute, the audience made the dialogues. So the rest of the groups made sentences in Präteritum tense while each scene was acted out. This was a twist to a Role play which was really captivating and motivating. We enjoyed the activity and definitely have a strong grip on this topic.

**Dhriti Ajmera**  
**Grade 10**





## Zista Art Expo

The Zista Art expo was an event conducted on the 13th October 2022, for students wanting to explore universities and are interested in the field of art and design. We attended the exhibition that took place in JW Marriott Hotel, Mumbai. We had an opportunity to interact with some of the universities such as The University of Cincinnati, Iowa State University and California College of the Arts. We also attended a session by a graphic design professor of Iowa State University about design and cultural semiotics. It was a wonderful session because we got to learn a lot about design and culture. The event has shown us that there are many possibilities of courses to choose from that will lead to lots of career options. We are thankful for this incredible chance to learn more about the Art and Design courses.

**Misha Soegomo**  
**Prisha Gangan**  
**IBDP-I**





## Retrieval Practice in IBDP 2

In class, the students of grade 12 were presented with a beehive model of concepts and were given a task to write down our initial thoughts on paper to stick onto the model. This model included subtopics that shared borders, indicating the interdisciplinary nature of the topics and their shared ideas and knowledge. This created a valuable resource of different perspectives, interpretations, meaning and understandings. The process of this activity executed and met all the hierarchies of bloom's taxonomy to increase our learning efficacy in class. This amalgamation of ideas was also a brilliant recall technique that ensured the subject matter would remain with us for a long time.

डीपी 2 हिंदी कक्षा में पुनर्प्राप्ति अभ्यास कक्षा में, हमें अवधारणाओं को समझने हेतु छत्ते के मॉडल स्वरूप प्रस्तुत किया गया था। हमें मॉडल पर टिके रहने के लिए अपने शुरुआती विचारों को कागज पर लिखने का काम दिया गया था। इस मॉडल में उप-विषय शामिल थे जो सीमाओं को साझा करते थे, विषयों की अंतःविषय प्रकृति और उनके साझा विचारों और ज्ञान को इंगित करते थे। इसने विभिन्न दृष्टिकोणों, व्याख्याओं, अर्थों और समझ का एक मूल्यवान् संसाधन बनाया। इस गतिविधि की प्रक्रिया ने कक्षा में हमारी सीखने की क्षमता को बढ़ाने के लिए ब्लूम टैक्सॉनॉमी के वर्गीकरण के सभी पदानुक्रमों को निष्पादित और पूरा किया। विचारों का यह सम्मेलन एक शानदार स्मरण तकनीक थी जिसने यह सुनिश्चित किया कि विषय वस्तु लंबे समय तक हमारे पास रहेगी।

**Ms. Shivani Gupta**  
Hindi Faculty



# Creating awareness of Health Issues through Brochures

The week beginning Oct 10th was celebrated in GICLM as Wellness Week and coincidentally enough the topic was closely related to the one under discussion in the Grade 11 French class – Health and Well-being. The students went through many texts, debates and discussions regarding the different methods of maintaining good health in the long run. They also came up with various dos and don'ts to be followed in one's daily routine to be in 'bonne forme'. During the course of the week, one of the points that came up for discussion was that well being referred to both mental and physical health. In this context the students were asked to create brochures with health advice aimed at students of Grade 12 who are generally under stress because it is their final year in school and they have so many deadlines to meet. The Grade 11 students took up the challenge and came up with some very creative brochures. In doing so, they not only explored new vocabulary and sentence structures, but also learnt about the format to be followed for this type of text which they will ultimately have to use in exams.

**Ms. Vidya Rao**  
French Faculty

**bonne ambiance, vie heureuse!**

Mes amis, une bonne santé physique et mentale est le moyen pour obtenir de bons points. C'est très commun pour des élèves se sentir stressés. Alors, c'est très important pour prendre soin de la santé.

**PROTEGER VOTRE SANTÉ**  
S'il vous plaît!

**SI TU VEUX PARLER...**  
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00 +33 563 00 00 39

**LA SANTÉ MENTALE ET PHYSIQUE**

**POURQUOI C'EST IMPORTANT?**  
Pour nous élèves, il faut nécessaire que nous prenions soin de notre santé mentale et physique. Maintenir la bonne santé peut éviter le stress et peut aider pour sentir mieux. Il peut éviter les maladies mentales et physiques.

**Types de santé**

- mentale
- physique
- emotionnelle
- intellectuelle

Les choses les plus faciles à faire pour être pour bonne santé.

**Dormir suffisamment**

**Eviter beaucoup de malbouffe**

**Ecouter les chansons joyeuses**

**Rencontrer des amis quelquefois**

**C'est la dernière année de lycée!**

**Une Vie Saine**  
PAR DEV SHAH

Restez en bonne santé physique et mentale pendant la dernière année de lycée.

Pour un certain cas au collège, c'est nécessaire que on doit rester en bonne santé physique et mental pendant le dernier année de lycée. Aussi, quand on sentir un bonne santé, on peut être plus bien dans les examens, que les personnes qui ont pas santé.

Quand on a une vie saine, on devient sage et on est plus saine. Donc, pour être en bon contrôle, on doit faire l'exercice chaque jour, au la fin de sport. Plus exemple, on peut au foot, au sport que vous aimez. En outre, il faut que on ne mange pas trop de malbouffe, et faire une régime alimentaire. Aussi, on peut écouter de la musique, on peut rester en bonne santé mental, on peut faire de méditation et yoga. C'est la meilleure pour votre dernière année de lycée.

Sans aucun doute, on doit garder l'activité et l'activité. Et après, le dernier année de lycée, on commence pour les études comme la carrière. Alors, les personnes, vous devez être pour un bon physique et mental qui est très important. Si vous avez un problème, je suis certain que vous devriez un humain en bonne santé qui a pouvoir avec plus de force.

**Pour plus de renseignements:**  
00 +32 149 00 00 00  
00 +33 563 00 00 39  
Ou vous pouvez contacter  
00 +32 149 00 00 00

**CURIOSITÉS**

l'alcool	Les élèves dans cette âge ont beaucoup de curiosité pour prendre de l'alcool.
fumer	Il est courant que les élèves fument.
veux une petite amie	Beaucoup d'élèves veulent une petite amie.
veux un petit ami	Beaucoup de élèves veulent un petit ami.
aller à la gym pour avoir des muscles	Il est probablement très 'cool' pour nous élèves d'avoir des muscles.
seulefois	ces curiosités peuvent causer une mauvaise santé mentale et physique.

**conclusion**  
Vous êtes responsable pour votre santé mentale et physique.

**rappelles ET FAITS**

- S'amuser c'est important, mais maintenir la bonne santé est très importante.
- Manger beaucoup de fruits et légumes.
- Essayer d'exercice trois fois par semaine comme: du yoga, le badminton, le foot, le Zumba.
- Tu n'as qu'un vie!

Jie Suri

**Les maladies que vous pourriez avoir ...**

- L'obésité
- Diabète
- Hypertension artérielle
- La dépression
- Troubles de l'alimentation

**MODE DE VIE Sain**

- Mangez des aliments sains et nutritifs**  
Une alimentation saine qui affecte votre vie est très importante. Vous devez manger des aliments sains et nutritifs pour rester en bonne santé. Vous pouvez avoir une alimentation saine en mangeant des légumes et des fruits. Vous pouvez également manger des noix et des graines qui sont riches en fibres.
- Faites de l'exercice régulier**  
L'exercice régulier est très important pour rester en bonne santé. Vous pouvez faire de l'exercice à la maison ou à l'extérieur. Vous pouvez également aller à la gym ou faire du yoga.
- Repos ou sommeil adéquat**  
Un bon sommeil est très important pour rester en bonne santé. Vous devez dormir au moins 7 heures par nuit. Vous pouvez également essayer de faire de la méditation ou du yoga pour améliorer votre sommeil.
- Éviter le stress**  
Le stress est un problème majeur pour les adolescents. Il peut causer des problèmes de santé et affecter votre vie. Vous pouvez éviter le stress en faisant de l'exercice, en méditant, en faisant du yoga, en écoutant de la musique, en passant du temps avec vos amis, en faisant de la méditation ou du yoga, en écoutant de la musique, en passant du temps avec vos amis, en faisant de la méditation ou du yoga.

Suivre tous ces conseils rendra votre vie saine et fluide. C'est principalement pour les adolescents qui ne peuvent pas prendre soin de leur santé.

Auteur-Daksh Shah | dakshhealthadvice.com



## Team Building Activities

These were a series of games that were organised as a part of CAS in the month of November for grades 11 and 12. They built on the previous team-building games that took place earlier this year in July. But this time, we were divided into new teams and played new games which required a team to collaborate and cooperate with each other to be successful. It also helped students to build trust and improve communication among themselves. None of the games could be won by just an individual effort; hence it was really important for a team to come together and put in their best-combined effort. The games played were quite unique as well and acted as nice refreshment from the academic part of the school day. Overall, it was a really fun and interactive session which had many benefits for the students.

**Arnav Kokani**  
**IBDP- I**



## Kandil Making

Diwali is a wonderful festival, celebrating the victory of good over evil. It is native to the Indian subcontinent, and to honour this auspicious festival of lights, IBDP 1 and 2 created beautiful paper lanterns in their CAS period. Priya ma'am, our primary CAS advisor and Amit sir, our art faculty at GICLM, conducted this activity with us.

We were first instructed as to how we needed to go about creating lanterns out of craft paper. Later, we were divided into our respective CAS groups and told to begin our work. Creating this lantern required a fair amount of precision as the measurements had to be exact for the lantern to look the way it was supposed to look. We were supposed to find a person with a craft paper that was a colour that complimented the colour of our chosen craft paper and exchange strips of paper with them to paste on our finished lantern. This encouraged us to approach people that we hadn't interacted with before, helping us expand our social circles.

Once our lanterns were created, they were tied with a string and hung up in the reception during the Diwali fair. All in all, it was a great activity and I thoroughly enjoyed it.



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**Kiara Seth**  
**IBDP-I**



Wellness is the act of practising healthy habits on a daily basis to attain better physical and mental health outcomes, so that instead of just surviving, you're thriving. Wellness is an everyday investment in our mind, body and soul. The wellness week conducted by GICLM was from 10th October to 14th October. It is celebrated as the world mental health day and was one-week long. It included activities such as Zumba, Aqua Yoga, Yoga, meditation sessions conducted by the Art of Living, Music Sessions and Art sessions.

These activities were to provide some structured and some unstructured activities to the students which enables them to focus on their wellbeing. As we know the importance of Art, music yoga and dance movement in wellbeing. All these activities can reduce the cortisol (stress hormone) levels in the body and can be extremely meditative in process. It is important to understand that all students may not find all activities calming. But the idea of this week was to give students exposure and experience to various activities that are calming for the mind and body.

**Ms. Amretta Dandona**  
**School Counsellor**

On account of Mental Health Day, which falls on the 10th of October, our school had organised 'wellness week' during those five days. They planned a wide array of activities which allowed us to gain a deeper understanding of our mind, body and environment.

Students enjoyed some rejuvenating breathing and meditation exercises which taught us about the importance of focus. Breathing exercises help with umpteen things that include reduction of stress, increased alertness and a boost in your immune system. It helps push out the negative energy in our bodies and help bring positive vibes instead - as explained in the session.

We also had an aqua yoga/yoga session taught by our PE instructors– Ms. Abhirami and Mr. Ameya. Yoga is known to be extremely beneficial to us and some advantages include improved flexibility, and enhanced potential of joint movements. It helps heal insomnia by calming the mind, can help relieve stress and improve breathing patterns, and it also aids in detoxifying our bodies.

There was a music therapy session which all of us truly enjoyed. We cherished a laid-back, and jovial karaoke session with our music teacher - Mr. Ankur. Music therapy can be a beneficial and fun way to lessen the symptoms of many ailments, including depression, mood swings, and anxiety.

We had a frazzling aerobic dance session with our Performing Arts head, Ms. Kshama, which definitely had me sweating buckets. Aerobic dance improves the condition of your heart and lungs and increases muscular strength, and endurance.

Last but not least, an art session was organised for us. Our art teacher - Mr. Amit accompanied us in this activity. Bubble painting is a fun, easy, and elegant way to create an alluring masterpiece. It indeed eased our minds and helped us relax.

**Riona Shah**  
**Grade 7**





## Speak To Lead Speech Competition

My name is Vihaa Shah, and this month, with the help of my English teacher – Mr. Brandon Andreas – I took part in a nationwide speech competition. This competition was held by 'Speak to Lead'. This is an interactive English- based platform that offers multiple courses for the language and several competitions. I was really eager to participate in this event because even if I didn't win, I believed that it was an incredible opportunity to learn more about public speaking. There were multiple topics to choose from to speak about, and I chose the topic: If you could master any 3 skills, what would they be? I carefully wrote and put together my speech under the guidance of Brandon sir. After I wrote my speech, I recorded my final video and later submitted it. After a couple of weeks, the winners were announced and I was extremely rapt and delighted to know that I was the 'wild-card winner' in the competition. Overall, this experience drastically improved my speaking and writing skills. Additionally, it taught me many new things about how to compile a speech essay.

**Vihaa Shah**  
**Grade 7**



### Speak to Lead

Last Day to Submit: 18th Sep 2022

**GRADE 1-8**

KidzByte is excited to partner with Spark Studio to host a Public Speaking Competition.

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Choose Any One Topic

<p><b>Grade 1-2</b></p> <p>A fun day at the market place/ amusement park.</p> <p>If I were to adopt a pet, who would I adopt and why?</p>	<p><b>Grade 3-5</b></p> <p>Why is planet Earth a great place to live in?</p> <p>If I could visit one imaginary place, where would I go, and why?</p>	<p><b>Grade 6-8</b></p> <p>I would like to be famous for/as ____ Why?</p> <p>If I could master three skills, what would they be and why?</p>
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[Register here to participate](#)



# GICLM Diwali Fair

To celebrate the festival of lights, GICLM hosted a Diwali Fair in school. As students, we were required to arrange game stalls for the same. We were all divided into groups and told to think of some intriguing activities. When the day finally arrived, we were overjoyed. As we walked in, aromas of delectable foods wafted the air. Chinese Bhel, Brownies, Cupcakes, and some Harry Potter treats were among the various foods being served.

Moving on, there were game stalls hosted by GICLM students with special prizes. Some game booths included Dart games, Bubble Painting Art, and Spin the Wheel. There were numerous booths in our Lower Basement featuring a variety of jewellery, books, resin art, fashionable apparel, customizable art, and nail oil. Overall, the fair was the best one I'd been to. I cherished playing the game stalls, eating scrumptious food, shopping, and spending time with my friends.

**Vibha Gangwane**  
**Grade 7**

This year, GICLM Diwali Fair was one of the best I have ever attended. Students had to assemble game stalls near the foyer while the external providers were in the MFH. Stalls in the MFH had amazing products including clothes, shoes, art and accessories. It took us a great deal of strategizing and teamwork to pull off the game stalls. The students were asked to attend the stall in shifts due to the fair being 4 hours. Shops from customising items to sweets to clothes were present and each was uniquely captivating. One could buy sweets and take measurements for a new kurta at the same time. The food was also absolutely toothsome.

**Niharika Shah**  
**Grade 8**



## CAS- Grades 9 and 10

For our introduction to the CAS program, grades 9-10 had the chance to spend time with children from two different NGOs. As a pre-activity preparation, the previous day consisted of an activity in which we were split into groups and required to create paper rings from newspapers and attach as many of them together as possible. However, that was not all, there was a twist. The teachers went around blindfolding students, tying their hands behind their back and also giving the attached rings to other groups with no reason why. This was to give us an idea of what those children went through every day of their lives, suffering from injustice while dealing with their disabilities.

On the day of the CAS activity, we arrived at school, all dressed up in traditional outfits, and welcomed the children with open arms. We were split into groups of three and assigned a group of children. Then, our first stop was the Lego room where we came across boxes filled with blocks for us to play around with. We were told to explain the concept of these blocks to the children and make them have a fun time. The awe and shock on their faces while playing with the Legos was irreplaceable in my heart. After an amazing time of playing with Legos, it was time to move on to the next activity.

The next stop was the cafeteria, one side of which had been cleared out for what we discovered was a dance session. We all formed a circle with our dance teacher, Ms Shraddha, in the middle, showing us the steps. WE danced to all the latest songs and also a few traditional ones, to honour the festival of Navratri. The enthusiasm with which they danced inspired us to summon our energy and keep up with them. We also received requests from them as they wanted to show their skills at dancing on their favourite songs. The dance session was filled with joyful laughs and cheers from the crowd.

After a fun but tiring dance session, we sat down to give our legs a little rest. Soon we were called upon to introduce ourselves and our companions and tell everyone our hobbies so we could get to know each other better. After this, we all took our seats and had a hearty breakfast, filled with chattering from all corners of the room. Then came the prize distribution, where all of our guests received special prizes for their unending joy and enthusiasm in all the different aspects. All too soon, it was time to say goodbye, not knowing when we would see each other again. This experience was one of a kind and I hope that we will have more of these experiences in the future.

**Dia Morzaria**  
**Grade 9**





## Our Young Achiever - Ms. Madhur Bhadsavle (IBDP 2015)

It is always a pleasure to hear and read about the achievements of our ex-students and recently I felt inordinately proud as I read about the fantastic success of one such student from our school – Madhur Bhadsavle. On 6th October 2022, she was awarded by the Bronx River Alliance for her work and contribution to protect, improve and restore the Bronx River corridor and also 2 proclamations. One proclamation from NY State Senator Alessandra Biaggi stated that “Be it resolved that state senator Alessandra Biaggi recognises that in Madhur Bhadsavle we will always have an individual worthy of our highest respect and esteem.” The second one from Westchester County Legislators stated that, “Resolved that October 6th, 2022, be proclaimed 'Madhur Milind Bhadsavle Day' in Westchester County.”

Madhur was always interested in Environmental Studies, and it was one of her subjects in the IBDP. In fact, her Extended Essay was based on Green Buildings and how their introduction would affect the economic and environmental sustainability in Mumbai! Taking her interest in both subjects further, she double majored in Economics and Environmental Studies from NYU. She is currently working as a Development Associate for Youth Ministries for Peace and Justice, Inc. (YMPJ) in New York. Founded in 1994, the mission of YMPJ is to rebuild the neighbourhoods of Bronx River and Soundview/Bruckner in the South Bronx by preparing people to become prophetic voices for peace and justice. They accomplish this through political education, spiritual formation, and youth and community development and organising. At the Gala organised by the Bronx River Alliance, Madhur was honoured for her work for the River and the Alliance as they went through staff changes and she took on more responsibilities. Here is a link to an interview from the night: <https://youtu.be/4Ny0pjBh2FE>.

Madhur plans to pursue her Masters in Sustainability Management and we, at GICLM, wish her all the best.

**Ms. Vidya Rao**  
French Teacher/EE Coordinator





## Music Fun Jam Sessions

The Friday Jam sessions provide a great scope for students to express and get recognised for their musical talent. Throughout these sessions, one can observe students singing and playing various instruments like the keyboard, guitar, and tabla. These sessions also give an incentive to students to earn points for their house, which motivates them to become more consistent performers, experiment with their art, and enhance their skills. A cheerful and encouraging audience of students and teachers also helps the artist boost their self-esteem and perform better every time.

**Radhika Chandwadkar**  
**IBDP- I**



## Diwali Dance Performances in School

GICLM had organised a Diwali Celebration on 20th October 2022 across the whole school. With dance performances as well as music jam by our students, there were many primary and secondary students who came up with their excellent performances on themes like retro, Indian Folk dances and Fusion of Indian and Western dance forms. The program began with great zest and excitement. The participants dressed in colourful costumes, twirled around and set the stage on fire with their thrilling performance. The vivacious dancers ignited a great spark with their energetic performances. Students from primary, secondary, and IBDP levels participated enthusiastically in the event. This Diwali was made extra special for everyone at GICLM. The fun-filled extravaganza offered Retro, Folk, classical, traditional and western. All the participants were very energetic and performed their dance forms enthusiastically. They dressed beautifully according to their songs.





Young learners were thrilled to be a part of a colourful, vibrant and energising event. Everyone was dressed in flamboyant costumes. The dancers whirled and leaped on stage. Some learners even made use of interesting props like hats, guitars and umbrellas. The choreography, rhythm, synchronisation and presentation of all the students were good. The happiness of the children was amply evident with applause and appreciation. The music jam session that followed the dance performances was the icing on the cake. Students from the high school level performed melodic songs that left the audience speechless. This was indeed an enthralling experience.

**Ms. Kshama Kulkarni**  
**Head Of Performing And Creative Arts**

On the day of diwali, as a school celebration, everyone had to dress up in traditional clothes and come to school. Throughout the day we carried on with our normal classes, but for the last two hours of school, we had a Diwali celebration and many categories of students performed that day. It was very new and fascinating to see all age groups dancing and singing phenomenally well. I was a part of one of the dances and personally, I had a lot of fun learning and performing my dance. All categories of students of our school performed and it was really great to witness the performances by our seniors which we learnt a lot from. It also made us better at our performing skills because it's not very often that you get to showcase your talents in front of a live audience. We were helped by our dance teacher Ms Shraddha Rupavate and the head of the Performing arts team: Ms Kshama Kulkarni. They helped us with learning and choreographing the dance a lot. All in all it was a great experience to watch, perform and learn!

**Tvisha Kamdar**  
**Grade 8**



## Inter-School Science Competition

During the month of October, the Ghatkopar Lions Club hosted an inter-school science competition that was open to everyone. We had two teams participating from GICLM– one from grade 9 and another from grade 10. In preparation for the same, we brainstormed ideas relating to sustainability. As climate change continues to take over the world, it is of utmost importance that we try to come up with effective solutions that can help us in the long run. Upon completing our design, we started working on models and charts that allowed our vision to come to life. After weeks of hard work, and with the guidance of our science teachers, we were ready for the competition.

There were numerous projects spread across the hall. Each of them related to a different section of sustainability. We were given time to explore, and to see what everyone else had come up with. Some of the projects were truly fascinating, right from the main idea to the final execution. Many visitors came up to our table as well, and posed questions that allowed us to look at our project from different angles. All in all, this was a great learning experience for us as we got an opportunity to deepen our scientific knowledge and interact with students from various communities.

**Jia Sankhla**  
Grade 9

## Inter-School Dance Competition

Various dance aficionados from multiple schools poured out their talents in the Inter-school dance competition organised by GICLM. It was a visual treat and an energiser to experience the miraculous performances that lay one after one on the stage. All of them enhanced Indian and western culture. From retro to Indian folk to a fusion between western and Indian dance, young dancers got an opportunity to express themselves. All of the performances were mind blowing and enthusiastic. It was eminent that all of the groups had spent a lot of effort.

My team was a part of the Indian and western fusion category. We all worked as a team and devoted our skills and passion in this performance. I am proud and glad that we could do this, and am truly thankful to the organisers.

I could say that I truly breathed dance.

**Dhriti Ajmera**  
Grade 10





## Proud Moment for GICLM

The Bombay Times announced Garodia International Centre for Learning, the sixth place in Mumbai and the 1st place in Zone C, as best International School of 2022. From learning and ethics to leadership and practicality, GICLM has excelled in all, making our students internationally minded. The Times School Survey 2022 praises GICLM for its international curriculum and its expertise in academic achievements.

This is a proud moment for us Garodians, which keeps us encouraged to do more and use the school resources fullest to our benefit. This school gives us an opportunity to explore our interests with guidance from skilled staff, without compromising on our academics, creating a perfect balance for a healthy learning environment. We can learn through various mediums, outside of the resource books while staying connected to the ongoing unit. The skills we imbibe are useful, not only in our school lives but also as we grow. The learning centres aid us to get the best out of ourselves and a chance to showcase our capabilities. The Diploma programme teaches the students along the Approaches to Learning or the ATL Skills, which include Self-Management skills, Thinking Skills, Communication Skills, Research Skills and Social Skills.

“Secondary, Cambridge and International Baccalaureate programmes bring the exceptional experiences and achievements that they would want their students to have.” This is as stated by the Bombay Times.

Enhancement of different aspects of learning leaves a better impact on students, which is what drives the school to betterment. We are happy to see our school level up and we hope to get better every year as learners of this institution.

**Harshita Sharma**  
**Grade 9**

Mumbai Schools (International Curriculum)	Rank
Aditya Birla World Academy, Tardeo	1
Singapore International School, Dahisar	2
Fazlani L'Academie Globale, Mazgaon	3
Ryan Global School, Andheri West	3
Chatrabhuj Narsee School, Kandivali East	4
DY Patil International School, Worli	4
Mainadevi Bajaj International School, Malad West	5
JBCN International School, Parel East	6
<b>Garodia International Centre for Learning, Ghatkopar</b>	<b>6</b>
The Universal School, Ghatkopar	7
CP Goenka International School, Oshiwara	8
JBCN International School, Oshiwara	9
Nahar International School, Andheri East	10
Podar International School (IB and Cambridge International), Santacruz	10
NES International School Dombivli	11
Dr. Pillai Global Academy, Borivali West	12
Bunts Sangha's S.M Shetty International School & Junior College, Powai	13
Dr Pillai Global Academy, New Parvel	14
DY Patil International School, Nerul	15
Ryan Global School, Kharghar	16

(Schools offering IBDP (International Baccalaureate Diploma Programme) A levels- IGCSE, PYP (The Primary Years Programme, CAIE (Cambridge Assessment International Education)





**Mr. Ashok Godara**

A man asked an Artist, “How do you make such beautiful things from stone?” He answered, “Beauty is already hidden there. I just removed the extra stone.”

Your happiness is hidden within you, just remove your worries. I also do the same thing. I am Ashok Godara, and I have 8 years of teaching experience. I have worked as a CAIE Math teacher at Ram Ratna School for the same. I like to play all kinds of sports because I think it keeps you mentally fit. I strongly believe in the phrase 'Carpe Diem' which means making the most of the present time and giving little thought to the future.

If you ask prospective teachers– why do you want to teach?-- the majority of them will likely mention the ability to make a real difference in the lives of the children they will one day teach. Becoming a teacher means you'll be moulding future generations through the curriculum you set and the bits of personal wisdom you impart. You'll have the ability and power to teach life lessons as well as core subjects. You'll be the one to help teach them social skills, time management, conflict resolution, how to cope with stressors, and how to focus on a task.

You have the ability to spice it up as you work through new units in the curriculum, discover intriguing topics to teach and instruct a different batch of students each year. There's always the chance that students will ask different questions, have different struggles, and have different reactions to the subject matter. Your experiences will likely be interesting and varied, making for days that don't feel as monotonous or sluggish.

You'll also have the chance to become a student again. As emerging technologies and instructional methods are introduced and historic events unfold in real-time, you'll always be learning something new. The best teachers bring their passion, personality, and sense of humour to the classroom.

Teaching is also a highly social job. Becoming a teacher entails joining a team of colleagues you can lean on in difficult times and laugh with in good times. You'll be interacting with your fellow faculty members as well as students and their parents. Becoming a teacher means becoming a key member of the community as you get to know various families.

I believe in classes that are centred on the students. I teach the concept for only a few minutes. Later, I give students worksheets to solve problems based on the topic. I don't like teaching topics in traditional ways. I like to teach mathematics using games, loop cards, auto-correct worksheets, quizzes, storytelling, art and craft, etc. I want to teach maths in such a way that students do not feel as if they are studying a subject, but rather an important part of their lives.



It feels like a family atmosphere GICLM. All the senior teachers here are friendly and enthusiastic. I feel like GICLM is giving me the right opportunity to exhibit my skills and advance them. Spending time with students is the best part of the day.

School life is the best time of our lives as we make new friends, learn new things, and build our career there. It is the time that we enjoy most, and when we enter college, we always miss those times. This period teaches us lots of new things and prepares us to face all the challenges of life.

**Jia Sankhla**  
**Grade 9**

## Movie Review!

It all started after the Grade 9-10 CAS Project, on October 1st. That evening, me and my parents went to the mall to watch a movie, *Ponniyin Selvan: II*. It is a Tamil movie, based on a historical fiction book called *Ponniyin Selvan* by a Tamil author named Kalki Krishnamurthy. The movie takes place in mediaeval Tamil Nadu, when the Chola Empire flourished. In mediaeval South India, four empires flourished. They were the Pandyas, the Pallavas, the Cheras, and the Cholas. The movie and the book are based on the Chola Empire.

It all starts in the Chola Empire, when the Chola commander (Vandiyathevan) passes a debate between Alwarkadiyan Nambi and a Shaivite priest (devotee of Lord Shiva). Vandiyathevan ends the debate by saying that Vishnu and Shiva are one, and the one who doesn't think so is a crazy fool.

Then, Vandiyathevan goes to the fortress at a place known as Kadambur where he hears Periya Pazhuvettaraiyar talking about making Aditya Karikalan's uncle, Madurantaka Chola, as the king. He then meets Alwarkadiyan on a boat. It is revealed that Alwarkadiyan was scaling the walls of the fort to watch a play that was going on in the fort. Vandiyathevan meets Alwarkadiyan's foster sister, Nandhini. Vandiyathevan goes to the city of Thanjavur to send a message to the king, Sundara Chola. However, he is captured by Periya Pazhuvettaraiyar's younger brother, Chinna Pazhuvettaraiyar.

Vandiyathevan manages to flee Chinna Pazhuvettaraiyar, and meets Aditya Karikalan's sister, Kundavai, and delivers the message to her. Aditya Karikalan had won a battle in Kanchipuram (a town north of Thanjavur). He is asked to go back to Thanjavur, but he refuses, because Nandhini is in Thanjavur. He remembered the incident where he saw Nandhini helping Veerapandiyan, the Pandyan king (the enemy of the Cholas). This made Karikalan angry! So, he beheaded Veerapandiyan in front of Nandhini!

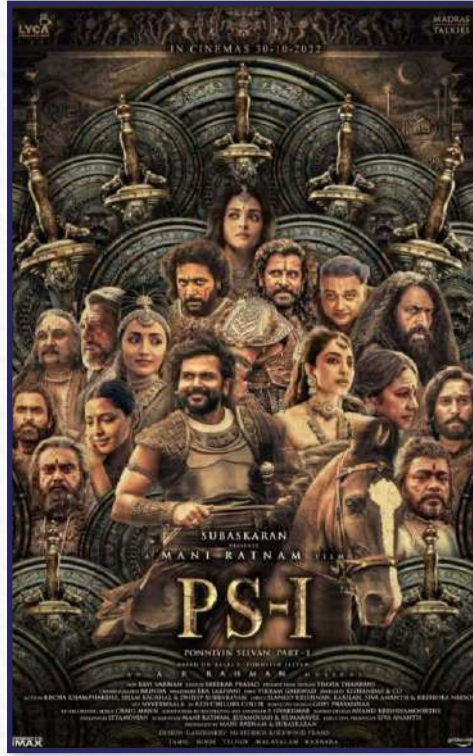
Kundavai asks Vandiyathevan to bring Ponniyin Selvan (Arulmozhiarman/Raja Raja Chola), who was in Sri Lanka at that time. Raja Raja Chola had won a war against Raja Mahinda, the Sri Lankan king. Vandiyathevan meets him there. He managed to reach Sri Lanka with the help of a boatwoman named Poonguzhali, who was also known as Samudrakumari. Things happened back in Tamil Nadu during that time period, and in Sri Lanka too. In the end, Arulmozhiarman agrees to go back to India.

They begin their journey back to India. Sadly, in the middle of the sea, Vandiyathevan is captured by the Pandyan navy. Arulmozhiarman tries to rescue him, but both of them drown in the ocean. When the Chola royalty heard about this, they became sad. At the end of the movie, Oomai Rani goes to the bottom of the sea to rescue the two victims of the drowning. But, that doesn't end here!

The sequel to the movie is going to be released in 2023. The movie was directed by a famous Tamil director named Mani Ratnam, and was produced by a man named Sukumar. The music director is none other than A. R. Rahman himself! It is a musical, and the movie has six songs. One day, I hope that in the near future, *Ponniyin Selvan* becomes one of our school's musicals!

That's all for now, folks!



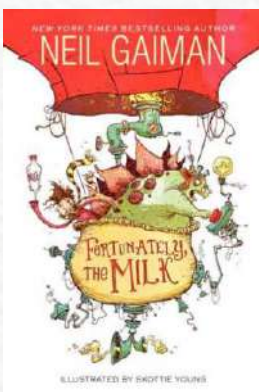
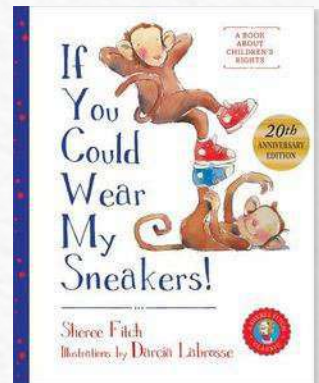


**Varun Venkatesh**  
**Grade 9**

## October Book Recommendations

### Grades 1-3: *If You Could Wear My Sneakers*

Sheree Fitch and Darcia Labrosse raise global awareness of the rights of children in this delightful collection of poems interpreting fifteen of the 54 articles of the United Nations Convention on the Rights of the Child. A quiz at the end of the book allows children, with the guidance of teachers or parents, to match the poem and illustration to the appropriate Convention article.



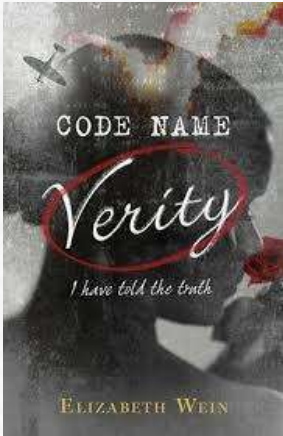
### Grades 4-5: *Fortunately, The Milk*

"I bought the milk," said my father. "I walked out of the corner shop, and heard a noise like this: thumthum. I looked up and saw a huge silver disc hovering in the air above Marshall Road." "Hullo," I said to myself. "That's not something you see every day. And then something odd happened." Find out just how odd things get in this hilarious New York Times bestselling story of time travel and breakfast cereal, expertly told by Newbery Medalist and bestselling author Neil Gaiman and illustrated by Skottie Young.



## Grades 6-8: *Black Star, Bright Dawn*

In this redesigned edition of Scott O'Dell's classic novel, a young Eskimo girl encounters frightening obstacles when she takes her father's place in the Iditarod, the annual 1,172-mile dog sled race in Alaska.



## Grades 9-12: *Verity*

Oct. 11th, 1943 - A British spy plane crashes in Nazi-occupied France. Its pilot and passenger are best friends. One of the girls has a chance at survival. The other has lost the game before it's barely begun.

When "Verity" is arrested by the Gestapo, she's sure she doesn't stand a chance. As a secret agent captured in enemy territory, she's living a spy's worst nightmare. Her Nazi interrogators give her a simple choice: reveal her mission or face a grisly execution.

As she intricately weaves her confession, Verity uncovers her past, how she became friends with the pilot Maddie, and why she left Maddie in the wrecked fuselage of their plane. On each new scrap of paper, Verity battles for her life, confronting her views on courage and failure and her desperate hope to make it home. But will trading her secrets be enough to save her from the enemy?

**Niharika Shah**  
**Grade 8**

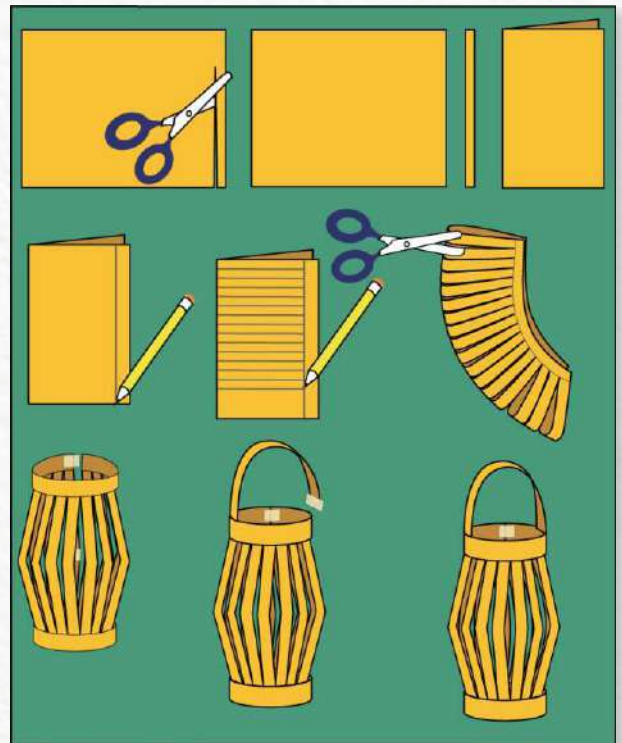




## Halloween Word Unscramble



1. okypos \_\_\_\_\_
2. pkpinum \_\_\_\_\_
3. treta \_\_\_\_\_
4. oghst \_\_\_\_\_
5. ydanc \_\_\_\_\_
6. rpivame \_\_\_\_\_
7. keonstel \_\_\_\_\_
8. luhgo \_\_\_\_\_
9. pecyre \_\_\_\_\_
10. tomcuse \_\_\_\_\_
11. nthua \_\_\_\_\_
12. owaercrcs \_\_\_\_\_
13. iyderah \_\_\_\_\_
14. oblod \_\_\_\_\_
15. labck act \_\_\_\_\_
16. ogbiln \_\_\_\_\_
17. mymmu \_\_\_\_\_
18. rasyc \_\_\_\_\_
19. piserd \_\_\_\_\_
20. sremca \_\_\_\_\_



**Barbie Vora**  
**Grade 7**

**Chief Editor:** Jia Sankhla and Vihaa Shah

**Section Heads:** Vivaan Joshua, Dia Morzaria, Riddhi Shobhavat

**Writers:** Niharika Shah, Riona Shah, Dhriti Ajmera, Khushi Pandya, Varun Venkatesh, Jiya Doshi, Vibha Gangawane, Barbie Vora, Evaan Parekh, Harshita Sharma







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